



SERVICE MENU

MASSAGES

Neck, Shoulders and Back
Swedish
Deep Tissue
For Golfers
Reflexology
For the Mother-to-be
Couples (Beach Palapa)
Hot Stone Massage
Neuro-Aroma Floral Ritual
Zoëtry Sueños del Mar (Holistic Ritual)

Page 6

BODY TREATMENTS

Bamboo Scrub
Honey Exfoliation
Revitalizing Algo-Detox
Dead Sea Mud
Sun Repair
Restored Firmness
Controlled Cellulite
Diamond Magnetic

Page 14

FACIAL TREATMENTS

Mini Facial
Zoëtry Exclusive
Vitamin "C" Sun Repair
Oxygenating
Lifting Shock
For Gentlemen
Expression Lines Inhibitor
Diamond - A Jewel for the Skin

Page 10

ADDITIONAL SERVICES

Treatments for Hands and Feet
Waxing Services

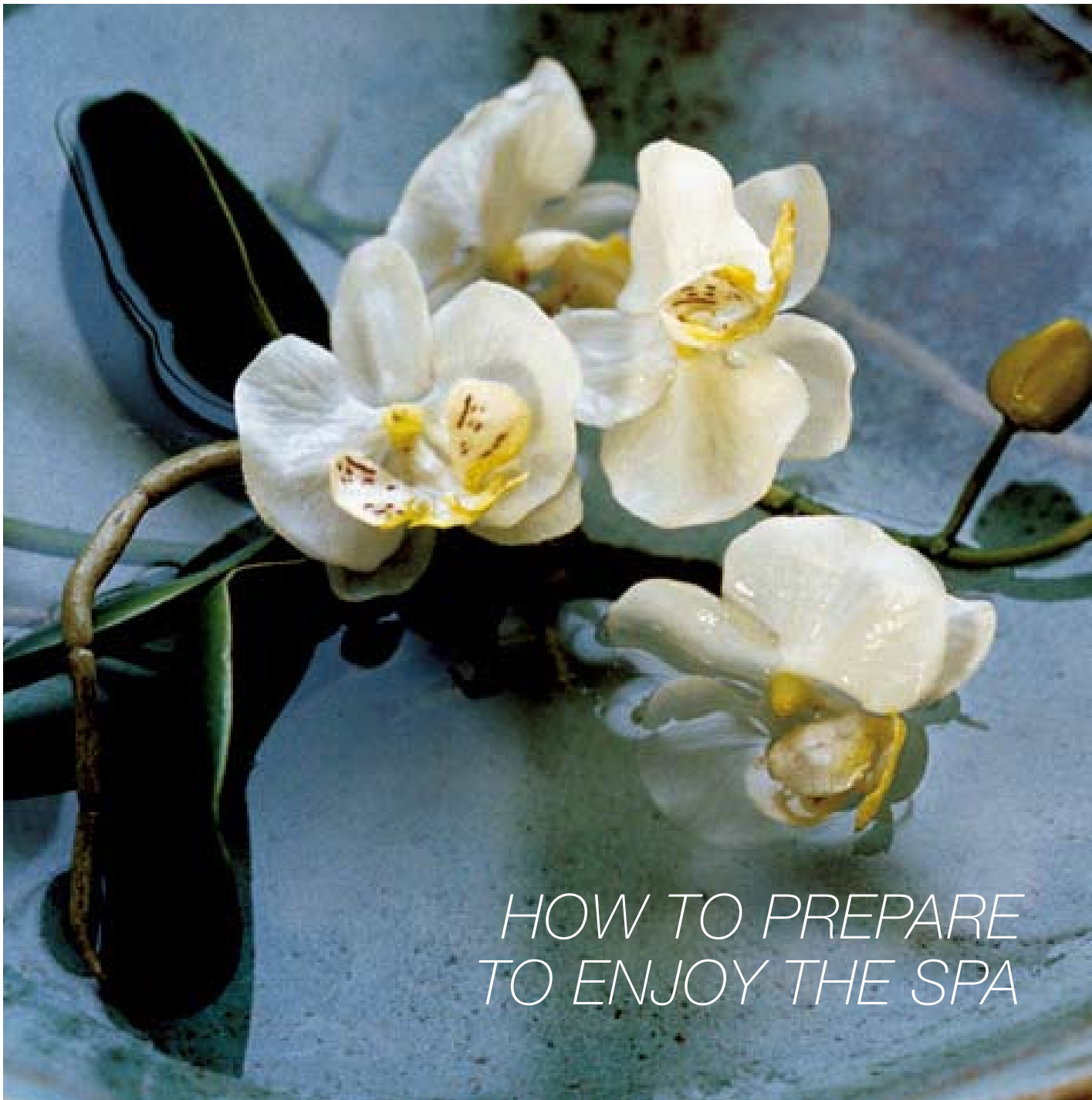
Page 18

ABSOLUTELY PAMPERED

Welcome to Zoëtry
Just for Her
Just for Him
Romantic Escape (Couples)
Perfect Body Experience
Diamond Experience

Page 20

*Enrich your Facial
Deep Cleansing
Luminous Eyes



HOW TO PREPARE TO ENJOY THE SPA

How do I select my services?

A professional therapist from our Spa will analyze your skin type and will recommend an ideal treatment based on the needs of your body and skin.

What time should I arrive at the Spa?

Please make sure to arrive 15 minutes before your appointment. Our goal is to have you enjoy every minute of your visit at the Spa and not fall short due to a late arrival.

How should I dress?

You may come to your appointment dressed as you like; we will provide you with a plush bathrobe and slippers. We suggest you bring your bathing suit if you would like to enjoy our fabulous and relaxing wet areas.

How should I prepare?

We recommend drinking plenty of water before your appointment in order to better hydrate your body.

Mobile phones

In order to have a fabulous experience we ask that you please turn your mobile phones and any other electronic device off.

Cancellations

Please let us know if you need to cancel, reschedule or select a different treatment with at least four hours notice prior to your appointment in order to avoid being charged for 50% of the treatment, which will be charged either to your room or credit card.

Prices, Tax and Charge per Service

All prices include an 11% tax and are subject to a 15% service charge. Leaving a gratuity for an exceptional service is optional. All prices are in US dollars and are effective as of December 2009. Prices are subject to change without notice.

Payment Options

All Spa services may be charged either to your room or credit card according to your preference.

Special Needs

Your safety is our number one priority. Please notify the Spa Manager and your therapist if you need special assistance or have a medical condition such as: allergies, high blood pressure, heart problems, diabetes, are pregnant, etc.



MASSAGES

Neck, Shoulder and Back

A treatment focused on shoulders, neck and back to release accumulated tension

Swedish

This relaxing and gentle full body massage soothes tension, stimulates blood circulation and improves muscle tone. It was specifically designed to reduce stress and provide maximum relaxation. It is the ideal way to begin your Escape in Baja!

Deep Tissue

A therapeutic treatment designed to relieve chronic muscle tension due to stress or sports activities while eliminating toxins and restoring flexibility.

For Golfers

A massage specifically targeted for the muscles used when playing golf. It increases energy, improves elasticity and shortens the time it takes tense muscles to recover.

Reflexology

This exceptional treatment stimulates specific pressure points on hands and feet to release tension and revitalize the body's healing energy, while restoring complete harmony between body, mind and spirit.

For the Mother-to-be

This massage was specifically designed for the mother-to-be to help diminish neck and back pain caused by pregnancy. A pillow is placed on the abdomen for your comfort while you receive a relaxing massage that will ensure complete harmony between mother and child.

For Couples (Beach Palapa)

The perfect choice! The options for this couple's massage are Swedish, Deep Tissue or for Golfers. This exquisite massage is available in our beautiful Palapas, right alongside the ocean.

**Most of our massage treatments are available at our Palapas alongside the ocean*

Hot Stone Massage

This extraordinary massage is performed with obsidian (energy/heat), a mineral used in ancient therapies. Strategic points in the body are massaged with this mineral to stimulate the flow of energy, relax the body and soothe tension



Floral Neuro-Aroma Ritual

A sumptuous massage inspired by the kingdom of Siam and India (Ayurveda). The techniques performed in this floral massage combine oriental wisdom to offer a complete massage from head to toe using the therapist's expert hands and floral sachets filled with a blend of seeds and flowers that are activated with heat.

This therapy combines a series of gliding, pumping and pressure techniques performed on specific Meridian points that provide an exquisite and complete sense of well-being and total relaxation. This exceptional treatment soothes accumulated muscular tension, reduces mental and physical stress and relieves pain while improving microcirculation and stimulating the elimination of toxins.



Zoëtry Sueños del Mar (Holistic Ritual)

This ritual, inspired by the powerful elements of nature (earth, water, wind and fire) as well as Reiki (Japanese technique that harmonizes and heals with vital universal energy) will transport you through a journey where body, mind and spirit become one through the relaxed contemplation of the universe.

Once at the Beach Palapa, your energetic body (aura and chakras) is purified with copal (natural incense), followed by a sumptuous relaxing massage performed with Damiana oil (a desert plant native to the region) and quartz crystals that will induce a meditative state. This Holistic Ritual that pays homage to our inner being ends with a cup of tea and a special gift.



FACIAL TREATMENTS

Mini Facial

This facial incorporates the essential features of a complete facial in a short amount of time. This 25 minute treatment includes a complete relaxing massage for your face and neck and will thoroughly cleanse your skin while restoring a healthy, soft and revitalized appearance in the blink of an eye.

Zoëtry Exclusive

A complete facial tailored to every need and skin type performed after a detailed skin analysis, where our expert therapists will provide the native elements, massages and techniques best suited to your specific needs. The treatment includes steps such as exfoliation and masks and a facial massage where you will achieve a complete sense of well-being and an absolute state of relaxation. Your skin will feel refreshed and look spectacularly radiant.

Vitamin "C" Sun Repair

Enjoy all the benefits of Vitamin "C" with this nourishing, anti-aging and sun repair facial that will instantly infuse your skin with the nutrients obtained from fresh and juicy oranges.

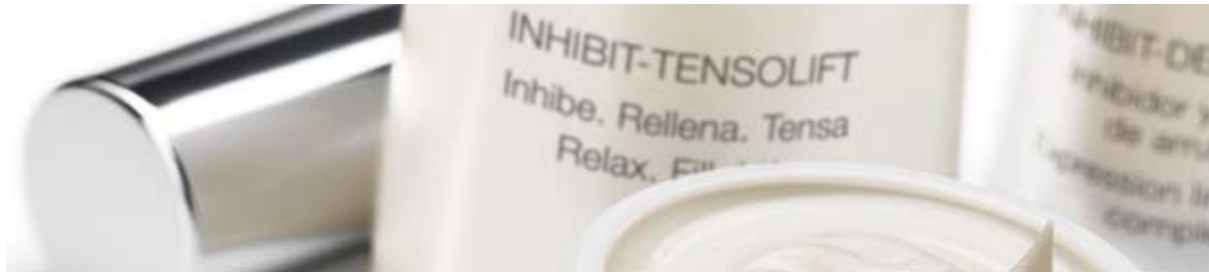
This extraordinary facial consists of an exfoliating phase using ingredients such as Rosa Mosqueta seeds and bitter orange juice followed by the application of a highly concentrated Vitamin "C" serum and a powdered mask with a tangerine aroma that acquires a sumptuous soufflé-like texture. This treatment helps repair damage caused by free radicals and lightens sun spots while moisturizing and restoring elasticity to the skin.

Oxygenating

An authentic breath of fresh air that includes vital ingredients such as living water and oxygenating molecules to purify and cleanse the skin from within. This delicious facial treatment is ideal for dull and dehydrated skin. It includes several phases that exfoliate, detoxify and protect the skin as well as a complete Zen massage guided by deep breathing that provides the perfect balance between body and mind. Infuse your body with pure oxygen as if it were just released from the mountains into your cells and receive the benefits both within the skin as well as on the surface.

Lifting Shock

Restore your skin's youthfulness with this intensive anti-aging facial that includes your neck and décolleté. High concentrations of collagen in its pure form as well as elastin amino acids are applied to compensate for the loss of the skin's essential proteins and restore firmness and a youthful appearance. The lifting effect can be felt immediately.



For Gentlemen

This stimulating treatment was specifically designed for male skin to counteract the effects of under-eye circles, lack of time, stress and daily shaving which results in dull, lifeless skin.

This exclusive combination of highly effective products adapt to the needs of each skin type while the comforting massages for the scalp, neck and shoulders will transport you to a state of total relaxation. This facial was inspired by the techniques used by traditional barbers who comforted the skin during the shaving process with steaming towels, followed by a stimulating face massage that will provide your skin with a clean, youthful and revitalized appearance.

Expression Lines Inhibitor

An exceptional and non-aggressive anti-wrinkle treatment for your skin. This unique and exclusive facial is considered to be the most serious alternative to "Botox®". This spectacular facial is based on the ancient bio-energetic "Anma" technique and includes the application of a double mask that contains ingredients such as Ananas and Algae that instantly contour the face and nourish the skin. This unique treatment effectively diminishes the appearance of expression lines and wrinkles without the need for micro-injections, while providing a radiant and serene appearance.

Diamond - A Jewel for the Skin

A unique multi-sensory experience that includes an exceptional selection of active ingredients and DNA to form an internal source of energy for skin cells. This exclusive multi-sensory massage by NATURA BISSÉ along with the combination of aromatherapy, Cryotherapy and Shiatsu will envelop you in complete comfort, relaxation and well-being while visibly counteracting the signs of aging.

*Enrich your Facial

These treatments may be enjoyed alone or in combination with our Exclusive Zoëtry Facial

Deep Cleansing

This treatment includes a deep cleansing phase using a pre-cleansing lotion and steam to perform a gentle extraction. A treatment mask is subsequently applied to diminish the appearance of pores and purify the skin. Highly recommended to remove impurities that clog and suffocate the skin.

Luminous Eyes

This multi-action eye therapy dramatically improves micro-circulation and drainage around the eyes, diminishing puffy eyes and restoring firmness and vitality to the eye contour area.





BODY TREATMENTS

Bamboo Scrub

An effective and gentle body exfoliation formulated with Bamboo micro-particles specifically selected to effectively massage and exfoliate the skin.

"Bamboo Scrub" purifies the skin by eliminating impurities from the surface while the moisturizing lotion applied subsequently will soften and hydrate the skin.

Honey Exfoliation

A gratifying body experience that envelops the skin in the sweet and golden caress of honey along with a touch of aromatic citric juices. The honey crystals within the formula melt on the skin while restoring its soft natural texture and providing an immediate velvety appearance.

This delicate ritual includes a moisturizing massage based on oranges that provide exceptional antioxidant properties due to their vitamins and basic nutrients that will refresh and firm your skin.

Revitalizing Algo-Detox

"Algo-Detox" is a complete treatment performed with marine algae that infuses the skin with all the benefits of minerals, vitamins, trace elements, marine salts, etc to help balance the organism. These properties are naturally occurring in the algae. The detoxifying, anti-stress, remineralizing, regenerating and circulatory benefits provide this treatment with a wide range of possibilities.

Dead Sea Mud

Mud Therapy performed with authentic "Dead sea Mud" that provides excellent treatments to improve the skin and health in general. The mud wrap begins with a full body exfoliation to stimulate blood circulation and improve the metabolism. Aside from its therapeutic benefits, this exceptional wrap soothes aches and pains and induces a complete sense of well-being.





Sun Repair

This is the ideal treatment to moisturize, hydrate, regenerate and soothe the skin after sun exposure. It includes a relaxing 30 min. massage with an exquisite gel balm, ideally suited for use after sun bathing as it helps the skin regain firmness and elasticity.

Restored Firmness

A Meso-treatment formulated with firming meso-doses that reinforce the network of the skin's fibers and firm the tissue. By applying these firming meso-doses, this exceptional meso-treatment deeply penetrates, regenerates, restructures and protects the dermal fibers to obtain a firming effect and improve skin tone.

Controlled Cellulite

A contouring Meso treatment formulated with an effective system to reduce cellulite and prevent the formation of new fatty deposits. This extraordinary treatment is based on the application of a Meso-dose to obtain a deep penetration of effective anticellulite and firming active ingredients that reduce cellulite, prevent its formation and increase elasticity while improving the orange-peel appearance on the skin.

Diamond Magnetic

This luxurious and innovative treatment helps eliminate the effects of electromagnetic pollution or excessive stress from daily life. The treatment begins with a balance of chakras using semi-precious gems followed by the application of a luminous mud based on diamond dust.

This extraordinary mud is removed with an electromagnetic massage that soothes the joints and releases "Qi Energy" to relieve tension, providing a restful sensation and a spectacularly luminous and moisturized skin.



ADDITIONAL SERVICES

MAKE THE MOST OF YOUR SPA EXPERIENCE

TREATMENTS FOR HANDS AND FEET

Basic Manicure

Spa Manicure

A gentle exfoliation is performed using extremely fine sugar crystals and olive oil that penetrate deeply, effectively removing dead skin cells and stimulating cellular turnover. This exquisite manicure is followed by the application of a rejuvenating serum rich in Vitamins A, C and E that nourish the skin. The results are sensational! Hands are softer, smoother and with a more youthful appearance!

Basic Pedicure

Spa Pedicure

This exceptionally refreshing treatment deeply moisturizes and restores energy to your feet. The exfoliant based on vitamins A and E, Green Tea as well as the exclusive avocado lipid complex help to remove calluses and soften the skin. This delicious pedicure is followed by a mask based on Shea Butter, avocado lipids, cucumber, Green Tea and Menthol that moisturizes, refreshes and soothes tired feet. In short, paradise for your feet!

Yogurt and Honey Pedicure

This delicious treatment includes an exfoliating phase performed with a "Cosmetic Muesli" that contains natural elements such as banana, apricot seeds and oatmeal that provide nourishing and energizing properties. The second phase of the treatment includes the application of a cosmetic yogurt cream with essential nutrients that helps preserve the skin's natural protective barrier and moisturize while improving the skin's tone and texture. The final phase is based on a nourishing melting treatment rich in Honey extract, an exquisite elixir that softens dry and dehydrated skin. This ritual restores vitality and provides a soothing sensation for the feet.

Paraffin Treatment (hands and feet)

Nail Polish Change (hands and feet)

French Nail Polish Change (hands and feet)

Waxing Services

- Full Leg
- Half Leg
- Eyebrows
- Bikini Line
- Full Arm
- Underarms
- Upper Lip
- Back
- Brazilian
- Half Arm



ABSOLUTELY PAMPERED

SPA PACKAGES...

Welcome to Zoëtry

- Foot Bath (Welcome)
- Dead Sea Mud
- Swedish Massage
- Zoëtry Exclusive Facial

Just For Her

- Foot Bath (Welcome)
- Honey Exfoliation
- Zoëtry Exclusive Facial
- Spa Manicure or Pedicure

Just For Him

- Foot Bath (Welcome)
- Deep Tissue Massage
- Gentlemen's Facial
- Spa Manicure or Pedicure

Romantic Escape (Couples)

- Foot Bath (Welcome)
- Couples Massage
- Bottle of Champagne and chocolate covered strawberries will be served at the end of your massage

Perfect Body Experience

You may choose between Restored Firmness or Controlled Cellulite

Diamond Experience

- Foot Bath (Welcome)
- Diamond Facial
- Diamond Magnetic

Natura Bissè
Barcelona





Natura Bissē
Barcelona



www.zoetryresorts.com